



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Damm, Thorsten

□□□: 5:22:05

□□: SCOTT Fahrradladen Gudensberg

□□: 23.47 km/h

□□: 1023

□□: 126.60 km

□□□□□/□□□: 10 (of 49)

Marathonstrecke lang

□□□□□/□: 10 (of 47)

□□□□□□: 4:56:11

□□□□:

□□□□□: 1(of 12)

Masters 2

□□□□□□□: 5:22:05

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	52:33	22.84	1	-	14	3:47	20.20	52:33	22.84	4	-	43	
Roßbach	4.80	12:11	19.70	2	0:03	17	0:33	25.00	1:04:44	23.17	4	-	41	
Bilsteinturm	8.20	25:16	19.00	1	-	11	2:43	33.20	1:30:00	22.00	4	-	41	
Runde	9.00	12:41	42.58	1	-	8	0:18	42.20	1:42:41	24.54	4	-	43	
Vielarmiger Weg	20.20	56:07	21.38	1	-	14	6:31	62.40	2:38:48	23.43	4	-	37	
Roßbach	4.80	12:29	19.23	1	-	10	0:37	67.20	2:51:17	23.47	4	-	2	
Bilsteinturm	8.20	26:51	17.88	1	-	10	3:13	75.40	3:18:08	22.71	3	-	35	
Runde	9.00	13:02	41.43	2	0:15	14	6:53	84.40	3:31:10	23.87	3	-	37	
Vielarmiger Weg	20.20	57:54	20.73	1	-	9	5:10	104.60	4:29:04	23.19	1	-	20	
Roßbach	4.80	12:56	18.56	1	-	8	0:39	109.40	4:42:00	23.19	1	-	20	
Bilsteinturm	8.20	27:36	17.39	1	-	5	2:19	117.60	5:09:36	22.67	1	-	20	
□□	9.00	12:29	43.26	1	-	6	0:16	126.60	5:22:05	23.47	1	-	10	25:54