



# 10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

0000

Hoffmann, Frank

000: 5:28:20

00: Wennigsen

00: 15.42 km/h

00: 2070

00: 84.40 km

00000/000: 67 (of 78)

Marathonstrecke mittel

00000/0: 61 (of 72)

000000: 3:21:41

0000:

00000: 25(of 29)

Masters 2

0000000: 3:28:22

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| 000             | 00    | 00      | 00    | 00 | 00    | 00 | 00    | 000   | 000     | 000   | 00 | 00      | 00 | 00      |
|-----------------|-------|---------|-------|----|-------|----|-------|-------|---------|-------|----|---------|----|---------|
|                 | km    | 00      | km/h  | -  | -     | 0  | 0     | km    | 00      | km/h  | -  | -       | 0  | 0       |
| Vielarmiger Weg | 20.20 | 1:19:28 | 15.25 | 28 | 27:39 | 67 | 30:27 | 20.20 | 1:19:28 | 15.25 | 2  | 14:38   | 23 | 10:48   |
| Roßbach         | 4.80  | 16:17   | 17.69 | 26 | 4:17  | 62 | 4:42  | 25.00 | 1:35:45 | 15.67 | 2  | 17:10   | 23 | 12:21   |
| Bilsteinturm    | 8.20  | 40:07   | 12.26 | 28 | 14:34 | 67 | 15:56 | 33.20 | 2:15:52 | 14.66 | 2  | 24:11   | 23 | 18:00   |
| Runde           | 9.00  | 16:04   | 33.61 | 21 | 3:24  | 53 | 3:35  | 42.20 | 2:31:56 | 16.67 | 2  | 26:05   | 23 | 18:12   |
| Vielarmiger Weg | 20.20 | 1:33:22 | 12.98 | 26 | 50:15 | 63 | 50:15 | 62.40 | 4:05:18 | 15.26 | 2  | 30:32   | 30 | 31:37   |
| Roßbach         | 4.80  | 19:37   | 14.68 | 22 | 7:09  | 58 | 7:31  | 67.20 | 4:24:55 | 15.22 | 2  | 33:30   | 29 | 27:34   |
| Bilsteinturm    | 8.20  | 46:49   | 10.51 | 25 | 20:12 | 60 | 21:24 | 75.40 | 5:11:44 | 14.51 | 2  | 41:43   | 29 | 32:29   |
| 00              | 9.00  | 16:36   | 32.53 | 20 | 4:13  | 51 | 4:18  | 84.40 | 5:28:20 | 15.42 | 25 | 1:59:58 | 61 | 2:06:39 |