



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

0000

Hoffmann, Frank

000: 5:28:20

00: Wennigsen

00: 15.42 km/h

00: 2070

00: 84.40 km

00000/000: 67 (of 78)

Marathonstrecke mittel

00000/0: 61 (of 72)

000000: 3:21:41

0000:

00000: 25(of 29)

Masters 2

0000000: 3:28:22

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Vielarmiger Weg	20.20	1:19:28	15.25	28	27:39	67	30:27	20.20	1:19:28	15.25	2	14:38	23	10:48
Roßbach	4.80	16:17	17.69	26	4:17	62	4:42	25.00	1:35:45	15.67	2	17:10	23	12:21
Bilsteinturm	8.20	40:07	12.26	28	14:34	67	15:56	33.20	2:15:52	14.66	2	24:11	23	18:00
Runde	9.00	16:04	33.61	21	3:24	53	3:35	42.20	2:31:56	16.67	2	26:05	23	18:12
Vielarmiger Weg	20.20	1:33:22	12.98	26	50:15	63	50:15	62.40	4:05:18	15.26	2	30:32	30	31:37
Roßbach	4.80	19:37	14.68	22	7:09	58	7:31	67.20	4:24:55	15.22	2	33:30	29	27:34
Bilsteinturm	8.20	46:49	10.51	25	20:12	60	21:24	75.40	5:11:44	14.51	2	41:43	29	32:29
00	9.00	16:36	32.53	20	4:13	51	4:18	84.40	5:28:20	15.42	25	1:59:58	61	2:06:39