



# 10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Preus, Jan-Nils

□□□: 5:36:29

□□: RFC-Rosbach/ Bike Work Desch

□□: 22.47 km/h

□□: 1021

□□: 126.60 km

□□□□□/□□□: 17 (of 49)

Marathonstrecke lang

□□□□□/□: 17 (of 47)

□□□□□□: 4:56:11

□□□□:

□□□□□: 10(of 18)

Herren

□□□□□□□: 4:56:12

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	55:02	21.80	13	6:15	22	6:16	20.20	55:02	21.80	6	2:25	3	
Roßbach	4.80	12:56	18.56	15	1:14	24	1:18	25.00	1:07:58	22.07	6	3:16	2	
Bilsteinturm	8.20	26:23	18.19	11	3:50	17	3:50	33.20	1:34:21	20.99	6	4:24	2	
Runde	9.00	12:47	42.24	8	0:24	13	0:24	42.20	1:47:08	23.52	6	4:28	3	
Vielarmiger Weg	20.20	56:54	21.09	10	7:18	16	7:18	62.40	2:44:02	22.68	11		12	
Roßbach	4.80	13:03	18.39	12	1:10	20	1:11	67.20	2:57:05	22.70	11		12	
Bilsteinturm	8.20	27:30	17.45	9	3:52	16	3:52	75.40	3:24:35	22.00	11		42	
Runde	9.00	13:51	38.99	10	1:28	20	7:42	84.40	3:38:26	23.07	11		12	
Vielarmiger Weg	20.20	1:01:25	19.54	9	8:41	17	8:41	104.60	4:39:51	22.30	10	33:27	37	
Roßbach	4.80	13:39	17.58	8	1:22	15	1:22	109.40	4:53:30	22.28	10	34:49	37	
Bilsteinturm	8.20	29:40	16.18	8	4:23	14	4:23	117.60	5:23:10	21.72	10	39:12	37	
□□	9.00	13:19	40.55	10	1:05	14	1:06	126.60	5:36:29	22.47	10	40:17	17	40:18