



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

□□□□

König, Martin

□□: TV Friesen Telgte
 □□: 1036

□□: 126.60 km
 Marathonstrecke lang

□□□□:
 Masters 2

□□□: 6:22:05

□□: 19.79 km/h

□□□□□/□□□: 23 (of 49)

□□□□□/□: 23 (of 47)

□□□□□□: 4:56:11

□□□□□: 4(of 12)

□□□□□□□: 5:22:05

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	20.20	56:34	21.21	4	4:01	24	7:48	20.20	56:34	21.21	7		10	
Roßbach	4.80	12:46	18.80	3	0:38	23	1:08	25.00	1:09:20	21.63	7		8	
Bilsteinturm	8.20	28:36	16.78	3	3:20	23	6:03	33.20	1:37:56	20.22	7		9	
Runde	9.00	13:46	39.23	3	1:05	23	1:23	42.20	1:51:42	22.56	7		10	
Vielarmiger Weg	20.20	1:05:49	18.23	6	9:42	26	16:13	62.40	2:57:31	20.96	7		8	
Roßbach	4.80	15:12	15.79	8	2:43	29	3:20	67.20	3:12:43	20.86	7		8	
Bilsteinturm	8.20	31:52	15.06	4	5:01	23	8:14	75.40	3:44:35	20.04	6		7	
Runde	9.00	14:22	37.59	4	1:35	23	8:13	84.40	3:58:57	21.09	6		8	
Vielarmiger Weg	20.20	1:07:48	17.70	4	9:54	23	15:04	104.60	5:06:45	20.34	4	37:41	5	
Roßbach	4.80	13:53	17.29	3	0:57	18	1:36	109.40	5:20:38	20.40	4	38:38	5	
Bilsteinturm	8.20	38:20	12.52	9	10:44	31	13:03	117.60	5:58:58	19.56	4	49:22	5	
□□	9.00	23:07	23.36	9	10:38	37	10:54	126.60	6:22:05	19.79	4	1:00:00	23	1:25:54