



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

□□□□

Münch, Markus

□□□: 6:32:17

□□: Team Lupe Kleinern

□□: 12.91 km/h

□□: 2009

□□: 84.40 km

□□□□□/□□□: 70 (of 78)

Marathonstrecke mittel

□□□□□/□: 64 (of 72)

□□□□□□: 3:21:41

□□□□:

□□□□□: 7(of 8)

Herren

□□□□□□□: 3:23:02

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□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ km | □□□ □□ | □□□ km/h | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Vielarmiger Weg | 20.20 | 1:20:46 | 15.01 | 7 | 31:39 | 68 | 31:45 | 20.20 | 1:20:46 | 15.01 | 7 | 31:39 | 20 | 12:06 |
| Roßbach | 4.80 | 20:19 | 14.18 | 7 | 8:25 | 71 | 8:44 | 25.00 | 1:41:05 | 14.84 | 7 | 39:51 | 20 | 17:41 |
| Bilsteinturm | 8.20 | 39:56 | 12.32 | 7 | 15:08 | 65 | 15:45 | 33.20 | 2:21:01 | 14.13 | 7 | 54:59 | 20 | 23:09 |
| Runde | 9.00 | 23:06 | 23.38 | 7 | 10:28 | 69 | 10:37 | 42.20 | 2:44:07 | 15.43 | 7 | 1:05:27 | 20 | 30:23 |
| Vielarmiger Weg | 20.20 | 1:50:12 | 11.00 | 7 | 56:56 | 65 | 1:07:05 | 62.40 | 4:34:19 | 13.65 | 7 | 2:02:23 | 33 | 1:00:38 |
| Roßbach | 4.80 | 25:22 | 11.35 | 7 | 13:12 | 64 | 13:16 | 67.20 | 4:59:41 | 13.45 | 7 | 2:15:35 | 32 | 1:02:20 |
| Bilsteinturm | 8.20 | 1:06:07 | 7.44 | 7 | 40:28 | 64 | 40:42 | 75.40 | 6:05:48 | 12.37 | 7 | 2:55:18 | 32 | 1:26:33 |
| □□ | 9.00 | 26:29 | 20.39 | 7 | 13:57 | 64 | 14:11 | 84.40 | 6:32:17 | 12.91 | 7 | 3:09:15 | 64 | 3:10:36 |