



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

0000

van der Kaap, Bert

000: 6:39:17

00: NWVG

00: 18.93 km/h

00: 1013

00: 126.60 km

00000/000: 29 (of 49)

Marathonstrecke lang

00000/0: 28 (of 47)

000000: 4:56:11

0000:

00000: 8(of 12)

Masters 2

0000000: 5:22:05

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Vielarmiger Weg	20.20	1:05:29	18.33	10	12:56	35	16:43	20.20	1:05:29	18.33	11	3:18	15	2:13
Roßbach	4.80	14:27	16.61	10	2:19	34	2:49	25.00	1:19:56	18.77	11	4:07	14	1:37
Bilsteinturm	8.20	32:44	14.66	10	7:28	33	10:11	33.20	1:52:40	17.57	11	5:33	14	2:31
Runde	9.00	14:56	36.16	7	2:15	31	2:33	42.20	2:07:36	19.75	11	5:50	15	5:01
Vielarmiger Weg	20.20	1:11:32	16.78	10	15:25	31	21:56	62.40	3:19:08	18.68	11	11:25	13	5:26
Roßbach	4.80	15:13	15.77	9	2:44	30	3:21	67.20	3:34:21	18.75	11	12:12	13	5:38
Bilsteinturm	8.20	34:34	13.89	7	7:43	27	10:56	75.40	4:08:55	18.08	10		1	-
Runde	9.00	15:57	33.86	8	3:10	31	9:48	84.40	4:24:52	19.03	10		13	6:27
Vielarmiger Weg	20.20	1:11:05	16.88	6	13:11	26	18:21	104.60	5:35:57	18.57	8	1:06:53	10	
Roßbach	4.80	14:52	16.14	5	1:56	25	2:35	109.40	5:50:49	18.64	8	1:08:49	10	
Bilsteinturm	8.20	34:28	13.93	4	6:52	24	9:11	117.60	6:25:17	18.22	8	1:15:41	10	
00	9.00	14:00	38.57	3	1:31	20	1:47	126.60	6:39:17	18.93	8	1:17:12	28	1:43:06