



10. SKS Bilstein Bike Marathon/ Hessische MTB-Meisterschaften XCM

Großalmerode / 30.06.2013

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Lange, Dirk

000: 7:11:09

00: Bad Salzdetfurth

00: 17.53 km/h

00: 1030

00: 126.60 km

00000/000: 33 (of 49)

Marathonstrecke lang

00000/0: 32 (of 47)

000000: 4:56:11

0000:

00000: 1(of 6)

Masters 3

0000000: 7:11:09

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0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Vielarmiger Weg	20.20	1:09:43	17.21	3	1:37	39	20:57	20.20	1:09:43	17.21	1	-	19	6:27
Roßbach	4.80	14:54	16.11	1	-	35	3:16	25.00	1:24:37	17.73	1	-	18	6:18
Bilsteinturm	8.20	33:52	14.17	3	1:53	36	11:19	33.20	1:58:29	16.71	1	-	18	8:20
Runde	9.00	14:49	36.45	1	-	29	2:26	42.20	2:13:18	18.90	1	-	19	10:43
Vielarmiger Weg	20.20	1:15:32	15.89	2	2:02	34	25:56	62.40	3:28:50	17.81	1	-	17	15:08
Roßbach	4.80	15:10	15.82	1	-	28	3:18	67.20	3:44:00	17.95	1	-	17	15:17
Bilsteinturm	8.20	37:25	12.83	2	0:25	33	13:47	75.40	4:21:25	17.21	1	-	16	12:30
Runde	9.00	16:41	32.37	2	0:57	35	10:32	84.40	4:38:06	18.12	1	-	17	19:41
Vielarmiger Weg	20.20	1:20:18	14.94	3	1:21	35	27:34	104.60	5:58:24	17.41	1	-	14	13:06
Roßbach	4.80	16:14	14.78	1	-	31	3:57	109.40	6:14:38	17.46	1	-	14	12:49
Bilsteinturm	8.20	40:55	11.73	1	-	33	15:38	117.60	6:55:33	16.89	1	-	14	17:02
00	9.00	15:36	34.62	2	0:16	29	3:23	126.60	7:11:09	17.53	1	-	32	2:14:58