



3. DJK Walking-Day Lünen-Brambauer
Lünen-Brambauer / 30.06.2013

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Arnold, Frank

□□□: 2:34:09

□□: Iserlohn

□□: 8.17 km/h

□□: 21116

□□□□□□: 486

□□: 21.00 km

□□□□: 28.29

21 km Nordic Walking

□□□□: 221 □