



3. DJK Walking-Day Lünen-Brambauer  
Lünen-Brambauer / 30.06.2013

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Kochskämper, Siegfried

□□□: 2:38:57

□□: TV Beckum Wersewalker

□□: 7.93 km/h

□□: 21121

□□□□□□: 486

□□: 21.00 km

□□□□: 28.29

21 km Nordic Walking

□□□□: 215 □