



7. Thüringen ULTRA
Fröttstädt / 06.07.2013

0000

Maul, Viktor

00: Schnauftreff Oberursel

00: 111

00: 100.00 km

Thüringen Ultra

0000:

Senioren M45 (45-49 Jahre)

000: 12:54:57

00: 7.74 km/h

0000: 7:45 min/km

00000/000: 126 (of 272)

00000/0: 116 (of 235)

000000: 7:55:46

00000: 25(of 54)

0000000: 9:26:44

0000

0000

000

| 000 | 00 km | 00 00 | 00 min/km | 00 - | 00 - | 00 0 | 00 0 | 000 km | 000 00 | 000 min/km | 00 - | 00 - | 00 0 | 00 0 |
|------------------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| Glasbachwiese | 25.00 | 2:57:16 | 7:05 | 14 | 30:36 | 71 | 45:29 | 25.00 | 2:57:16 | 7:05 | 15 | - | 126 | 45:29 |
| Floh-Seligenthal | 25.00 | 2:58:00 | 7:07 | 18 | 30:49 | 78 | 53:02 | 50.00 | 5:55:16 | 7:06 | 15 | - | 123 | 1:38:31 |
| Finsterbergen | 25.00 | 3:40:40 | 8:49 | 44 | 1:26:22 | 190 | 1:52:44 | 75.00 | 9:35:56 | 7:40 | 14 | - | 117 | 3:31:15 |
| Fröttstädt | 25.00 | 3:19:01 | 7:57 | 29 | 1:07:01 | 125 | 1:27:56 | 100.00 | 12:54:57 | 7:44 | 25 | 3:28:13 | 116 | 4:59:11 |