



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

Stock, Tim

Stock, Tim

hannover

195

25.70 km

Volksdistanz (0,70-20,00-5,00)

AK4

männlich (35-39 Jahre)

1:49:15

110 (of 116)

90 (of 92)

1:03:19

8(of 8)

1:07:26

Stock, Tim

Stock, Tim

Stock, Tim

km	min	sec	min/km	-	-	min	sec	km	min	sec	min/km	-	-	min	sec
0.70	21:05	30:07	7	9:03	88	11:26		0.70	21:05	30:07	8	9:03	27	3:59	
0.70	21:05	30:07	8	9:03	27	3:59		0.70	21:05	30:07	8	9:03	27	3:59	
0.05	4:20	86:39	8	2:43	91	3:08		0.75	25:25	33:53	8	11:40	27	5:42	
0.75	25:25	33:53	8	11:40	27	5:42		0.75	25:25	33:53	8	11:40	27	5:42	
10.00	29:06	2:54	7	9:43	79	11:38		10.75	54:31	5:04	7	15:55	24	12:22	
10.00	26:21	2:38	7	8:38	80	11:22		20.75	1:20:52	3:53	8	32:46	27	18:08	
0.05	1:51	37:00	7	1:04	78	1:12		20.80	1:22:43	3:58	8	33:50	27	18:37	
20.05	57:18	2:51	8	22:10	92	22:41		20.80	1:22:43	3:58	8	33:50	27	18:37	
2.50	12:59	5:11	7	4:08	72	4:08		23.30	1:35:42	4:06	7	28:08	26	20:24	
2.50	13:33	5:25	7	4:11	71	4:11		25.70	1:49:15	4:15	8	41:49	90	45:56	