



6. ITH Hennesee Triathlon

Meschede / 06.07.2013

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Klute, Marcel

□□□: 2:19:14

□□: 1. Tri-Club Paderborn

□□: 324

□□: 55.40 km

Olympische Distanz (1,40-44,00-10,00)

□□□□□/□□□: 2 (of 71)

□□□□□/□: 2 (of 61)

□□□□□□: 2:17:34

□□□□:

AK1 männlich (20-24 Jahre)

□□□□□: 1(of 2)

□□□□□□: 2:19:14

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Schwimmen	1.40	21:19	15:13	2	0:30	3	0:30	1.40	21:19	15:13	1	-	33		
Schwimmen □	1.40	21:19	15:13	1	-	33		1.40	21:19	15:13	1	-	33		
Wechsel Schwim	0.05	2:00	40:00	1	-	5	0:35	1.45	23:19	16:04	1	-	33		
Schwimmen □□□	1.45	23:19	16:04	1	-	33		1.45	23:19	16:04	1	-	33		
ZZ Rad	11.00	18:10	1:39	1	-	3	0:26	12.45	41:29	3:19	1	-	31		
ZZ Rad	11.00	20:08	1:49	1	-	1	-	23.45	1:01:37	2:37	1	-	30		
ZZ Rad	11.00	20:10	1:50	1	-	1	-	34.45	1:21:47	2:22	1	-	26		
Rad Ende	11.00	16:32	1:30	1	-	2	0:07	45.45	1:38:19	2:09	1	-	33		
Wechsel Rad-Lau	0.05	0:59	19:39	1	-	1	-	45.50	1:39:18	2:10	1	-	33		
Rad □□□	44.05	1:15:59	1:43	1	-	2	1:07	45.50	1:39:18	2:10	1	-	33		
ZZ Lauf	3.33	29:38	8:53	2	18:23	57	20:49	48.83	2:08:56	2:38	1	-	32		
ZZ Lauf	3.33	fehlt!	-	-	-	-	-	52.16	-	-	-	-	-	-	-
Lauf	3.33	10:18	3:05	1	-	3	1:07	55.40	2:19:14	2:30	1	-	2	1:40	