



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Bentmann, Arnd

□□□: 5:30:18

□□: Team Schauinsland Bad Meinberg

□□: 17.80 km/h

□□: 2

□□: 98.00 km

□□□□□/□□□: 20 (of 29)

Langdistanz

□□□□□/□: 19 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 7(of 11)

Masters männlich

□□□□□□□: 4:21:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	36:12	18.23	7	6:37	19	8:50	11.10	36:12	18.23	9		8	2:27
Donnershagen (\	16.00	54:51	17.50	7	9:18	16	12:20	27.10	1:31:03	17.79	9		8	6:38
Turm Silberborn	16.40	50:12	19.12	7	7:59	17	10:46	43.50	2:21:15	18.27	9		8	12:16
Haus des Gastes	5.50	11:11	26.83	7	1:59	20	1:59	49.00	2:32:26	19.29	7	25:25	8	10:24
Steinborn (VP1)	11.10	40:55	16.13	7	10:33	19	13:18	60.10	3:13:21	18.62	7	35:58	8	16:54
Donnershagen (\	16.00	1:06:03	14.53	7	16:58	20	22:35	76.10	4:19:24	17.58	7	52:56	8	28:36
Turm Silberborn	16.40	59:40	16.09	8	14:48	22	20:33	92.50	5:19:04	17.30	7	1:07:44	8	35:40
□□	5.50	11:14	26.71	8	1:22	20	1:50	98.00	5:30:18	17.80	7	1:08:31	19	1:31:28