



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

□□□□

Landwing, Christoph

□□□: 5:54:27

□□: Ahaus

□□: 16.59 km/h

□□: 29

□□: 98.00 km

□□□□□/□□□: 23 (of 29)

Langdistanz

□□□□□/□: 22 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 8(of 11)

Masters männlich

□□□□□□□: 4:21:47

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	39:50	16.72	9	10:15	24	12:28	11.10	39:50	16.72	10	1:50	5	6:05
Donnershagen (\	16.00	1:00:22	15.90	9	14:49	22	17:51	27.10	1:40:12	16.23	10	3:50	5	15:47
Turm Silberborn	16.40	52:20	18.80	9	10:07	22	12:54	43.50	2:32:32	17.11	10	5:51	5	23:33
Haus des Gastes	5.50	13:12	25.00	9	4:00	25	4:00	49.00	2:45:44	17.74	8	38:43	5	23:42
Steinborn (VP1)	11.10	42:02	15.84	8	11:40	21	14:25	60.10	3:27:46	17.36	8	50:23	5	31:19
Donnershagen (\	16.00	1:12:01	13.33	9	22:56	24	28:33	76.10	4:39:47	16.32	8	1:13:19	5	48:59
Turm Silberborn	16.40	1:03:10	15.58	9	18:18	24	24:03	92.50	5:42:57	16.18	8	1:31:37	5	59:33
□□	5.50	11:30	28.70	9	1:38	21	2:06	98.00	5:54:27	16.59	8	1:32:40	22	1:55:37