



15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Gericke, matthias

□□□: 5:54:41

□□: MTV Schöningen

□□: 16.58 km/h

□□: 7

□□: 98.00 km

□□□□□/□□□: 25 (of 29)

Langdistanz

□□□□□/□: 24 (of 27)

□□□□□□: 3:58:50

□□□□:

□□□□□: 10(of 11)

Senioren I

□□□□□□□: 4:21:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Steinborn (VP1)	11.10	39:09	16.86	9	9:35	22	11:47	11.10	39:09	16.86	10	9:35	3	5:24
Donnershagen (\	16.00	1:00:31	15.86	9	14:56	23	18:00	27.10	1:39:40	16.25	10	24:31	3	15:15
Turm Silberborn	16.40	52:44	18.20	10	10:31	24	13:18	43.50	2:32:24	16.93	10	35:02	3	23:25
Haus des Gastes	5.50	10:50	27.69	8	1:16	17	1:38	49.00	2:43:14	18.01	10	36:11	3	21:12
Steinborn (VP1)	11.10	40:55	16.13	8	10:36	19	13:18	60.10	3:24:09	17.63	10	46:47	3	27:42
Donnershagen (\	16.00	1:15:39	12.69	11	26:31	25	32:11	76.10	4:39:48	16.30	10	1:13:18	3	49:00
Turm Silberborn	16.40	1:02:03	15.47	10	17:15	23	22:56	92.50	5:41:51	16.15	10	1:30:33	3	58:27
□□	5.50	12:50	23.38	10	3:26	24	3:26	98.00	5:54:41	16.58	10	1:32:54	24	1:55:51