



# 15. Allersheimer Mountainbike-Cup

Holzminden/ Neuhaus i.S. / 07.07.2013

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Gießler, Olaf

□□□: 2:03:09

□□: 23.87 km/h

□□: 314

□□: 49.00 km

Mitteldistanz

□□□□□/□□□: 14 (of 145)

□□□□□/□: 14 (of 137)

□□□□□□: 1:54:01

□□□□:

Senioren I

□□□□□: 3(of 61)

□□□□□□□: 1:57:53

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| □□□             | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Steinborn (VP1) | 11.10    | 29:40    | 22.25      | 6       | 1:54    | 21      | 2:42    | 11.10     | 29:40     | 22.25       | 35      |         | 16      |         |
| Donnershagen (\ | 16.00    | 44:09    | 21.74      | 3       | 1:52    | 15      | 4:12    | 27.10     | 1:13:49   | 21.95       | 32      |         | 14      | 6:54    |
| Turm Silberborn | 16.40    | 40:13    | 23.87      | 3       | 1:15    | 15      | 2:20    | 43.50     | 1:54:02   | 22.62       | 34      |         | 15      | 20:02   |
| □□              | 5.50     | 9:07     | 32.91      | 3       | 0:16    | 11      | 0:17    | 49.00     | 2:03:09   | 23.87       | 3       | 5:16    | 14      | 9:08    |