



10. Lorsch Triathlon

Lorsch / 11.08.2013

Team

Team Nawawa

Time: 1:18:32

Team: Team Nawawa

Number: 354

Distance: 25.75 km

Triathlonstaffel

Participants: 24 (of 42)

Participants: 24 (of 42)

Time: 1:00:17

Staffel:

Participants: 24(of 42)

Triathlon-Staffel

Time: 1:00:17

Team

Team

Team

Activity	km	Time	km/h	-	-	Rank	Rank	km	Time	km/h	-	-	Rank	Rank
Schwimmen	0.50	10:28	0.00	10	1:42	10	1:42	0.50	10:28	0.00	3	-	3	-
Wechsel Schwim	0.20	2:44	0.00	42	1:42	42	1:42	0.70	13:12	0.00	3	-	3	-
Schwimmen Team	0.70	13:12	0.00	3	-	3	-	0.70	13:12	0.00	3	-	3	-
Rad	20.00	40:27	29.67	27	9:04	27	9:04	20.70	53:39	22.37	3	0:38	3	0:38
Wechsel Rad-Lau	0.05	0:41	0.00	33	0:18	33	0:18	20.75	54:20	22.09	3	0:42	3	0:42
Rad Team	20.05	41:08	29.17	26	9:06	26	9:06	20.75	54:20	22.09	3	0:42	3	0:42
Lauf	5.00	24:12	12.40	22	5:45	22	5:45	25.75	1:18:32	19.10	24	18:15	24	18:15