



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Sauren, Desiree

□□: Birkesdorfer Turnverein 1864

□□: 56

□□: 160.90 km

100MeilenBerlin

□□□□:

Seniorinnen W35 (35-39 Jahre)

□□□: 23:15:11

□□: 6.88 km/h

□□□□: 8:40 min/km

□□□□□/□□□□: 78 (of 221)

□□□□□/□: 8 (of 28)

□□□□□□: 17:13:09

□□□□□: 1(of 4)

□□□□□□□: 23:15:11

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	46:40	7:25	1	-	17	7:24	6.28	46:40	7:25	1	-	17	7:24	
km 11,32 Behms	5.04	34:43	6:53	1	-	12	7:36	11.32	1:21:23	7:11	1	-	14	14:55	
km 22,10 Lübars	10.78	1:13:44	6:50	1	-	9	14:25	22.10	2:35:07	7:01	1	-	11	28:53	
km 32,52 Naturs	10.42	1:17:49	7:28	1	-	8	15:59	32.52	3:52:56	7:09	1	-	10	44:25	
km 43,36 Ruderc	10.84	1:17:38	7:09	1	-	7	11:31	43.36	5:10:34	7:09	1	-	8	55:56	
km 55,35 Schönv	11.99	1:26:35	7:13	1	-	8	11:35	55.35	6:37:09	7:10	1	-	8	1:06:51	
km 68,07 Garten	12.72	1:46:38	8:22	1	-	10	25:09	68.07	8:23:47	7:24	1	-	8	1:32:00	
km 80,53 Schloß	12.46	1:49:36	8:47	1	-	8	30:32	80.53	10:13:23	7:37	1	-	8	2:02:32	
km 99,65 Geden	19.12	2:38:07	8:16	1	-	9	41:47	99.65	12:51:30	7:44	1	-	8	2:38:53	
km 112,75 Sport	13.10	2:13:00	10:09	1	-	12	41:09	112.75	15:04:30	8:01	1	-	8	3:20:02	
km 124,92 Lichte	12.17	2:04:04	10:11	1	-	8	39:05	124.92	17:08:34	8:14	1	-	8	3:59:07	
km 134,98 Buck	10.06	1:31:47	9:07	1	-	6	27:26	134.98	18:40:21	8:18	1	-	8	4:26:33	
Test	9.89	1:38:44	9:58	1	-	7	26:35	144.87	20:19:05	8:24	1	-	8	4:53:08	
Stadion Lobeckst	16.01	2:56:06	10:59	2	44:14	12	1:08:54	160.90	23:15:11	8:40	1	-	8	6:02:02	