



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

□□□□

**Wibberg, Henry**

□□: SC Rot-Weiß Verne

□□: 89

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M50 (50-54 Jahre)

□□□: 23:18:33

□□: 6.86 km/h

□□□□: 8:41 min/km

□□□□□/□□□□: 84 (of 221)

□□□□□/□: 75 (of 193)

□□□□□□: 15:53:45

□□□□□: 19(of 52)

□□□□□□□: 18:08:24

□□□□

□□□□

□□□

□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□ min/km	□□ -	□□ -	□□ □	□□ □	
km 6,28 Gedenk:	6.28	43:28	6:55	28	7:16	113	10:08	6.28	43:28	6:55	28	7:16	113	10:08
km 11,32 Behms	5.04	34:13	6:47	31	6:24	132	9:31	11.32	1:17:41	6:51	30	10:58	126	19:39
km 22,10 Lübars	10.78	1:15:05	6:57	32	19:18	132	24:09	22.10	2:32:46	6:54	29	28:27	125	39:35
km 32,52 Naturs	10.42	1:17:13	7:24	33	19:35	124	25:27	32.52	3:49:59	7:04	30	47:32	123	1:00:29
km 43,36 Ruderc	10.84	1:21:25	7:30	21	21:22	99	28:37	43.36	5:11:24	7:10	29	1:08:28	116	1:27:13
km 55,35 Schönv	11.99	1:29:37	7:28	25	22:27	97	29:20	55.35	6:41:01	7:14	27	1:30:55	108	1:56:33
km 68,07 Garten	12.72	1:44:24	8:12	19	23:35	87	31:27	68.07	8:25:25	7:25	22	1:54:30	99	2:27:16
km 80,53 Schloß	12.46	1:51:30	8:56	19	30:35	88	40:27	80.53	10:16:55	7:39	21	2:25:05	94	2:59:47
km 99,65 Geden	19.12	2:32:47	7:59	14	29:09	59	48:04	99.65	12:49:42	7:43	19	2:54:14	87	3:34:40
km 112,75 Sport	13.10	1:51:13	8:29	8	17:46	31	1:44:21	112.75	14:40:55	7:48	17	3:12:00	78	4:04:26
km 124,92 Lichte	12.17	2:08:48	10:35	21	43:19	71	50:02	124.92	16:49:43	8:04	15	3:46:44	73	4:52:53
km 134,98 Buck	10.06	1:30:21	8:58	12	13:20	45	32:52	134.98	18:20:04	8:08	15	3:46:01	74	5:19:21
Test	9.89	1:50:10	11:08	24	29:29	73	47:23	144.87	20:10:14	8:21	15	4:10:42	68	6:06:21
Stadion Lobeckst	16.01	3:08:19	11:45	36	1:06:44	114	1:18:27	160.90	23:18:33	8:41	19	5:10:09	75	7:24:48