



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Zollmann, Benjamin

000: 24:43:04

00: GMRV Golmsdorf

00: 6.47 km/h

00: 193

0000: 9:13 min/km

00: 160.90 km

00000/000: 116 (of 221)

100MeilenBerlin

00000/0: 104 (of 193)

000000: 15:53:45

0000:

00000: 31(of 52)

Senioren M50 (50-54 Jahre)

0000000: 18:08:24

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
km 6,28 Gedenk:	6.28	47:09	7:30	41	10:57	169	13:49	6.28	47:09	7:30	41	10:57	169	13:49
km 11,32 Behms	5.04	33:46	6:41	28	5:57	121	9:04	11.32	1:20:55	7:08	39	14:12	151	22:53
km 22,10 Lübars	10.78	1:15:48	7:01	37	20:01	143	24:52	22.10	2:36:43	7:05	38	32:24	147	43:32
km 32,52 Naturs	10.42	1:14:41	7:10	28	17:03	114	22:55	32.52	3:51:24	7:06	32	48:57	128	1:01:54
km 43,36 Ruderc	10.84	1:20:55	7:27	20	20:52	93	28:07	43.36	5:12:19	7:12	30	1:09:23	119	1:28:08
km 55,35 Schönv	11.99	1:34:21	7:52	33	27:11	119	34:04	55.35	6:46:40	7:20	31	1:36:34	118	2:02:12
km 68,07 Garten	12.72	1:48:29	8:31	23	27:40	98	35:32	68.07	8:35:09	7:34	28	2:04:14	113	2:37:00
km 80,53 Schloß	12.46	2:13:49	10:44	40	52:54	148	1:02:46	80.53	10:48:58	8:03	31	2:57:08	123	3:31:50
km 99,65 Geden	19.12	2:58:15	9:19	31	54:37	115	1:13:32	99.65	13:47:13	8:18	33	3:51:45	121	4:32:11
km 112,75 Sport	13.10	2:25:47	11:07	34	52:20	113	2:18:55	112.75	16:13:00	8:37	33	4:44:05	117	5:36:31
km 124,92 Lichte	12.17	2:32:51	12:33	36	1:07:22	139	1:14:05	124.92	18:45:51	9:00	32	5:42:52	114	6:49:01
km 134,98 Buck	10.06	1:52:23	11:10	35	35:22	120	54:54	134.98	20:38:14	9:10	35	6:04:11	119	7:37:31
Test	9.89	1:44:35	10:34	20	23:54	57	41:48	144.87	22:22:49	9:16	33	6:23:17	108	8:18:56
Stadion Lobeckst	16.01	2:20:15	8:45	12	18:40	30	30:23	160.90	24:43:04	9:13	31	6:34:40	104	8:49:19