



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Levermann, Jörg

00: LG Mauerweg Berlin e.V.

00: 47

00: 160.90 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 26:15:44

00: 6.09 km/h

0000: 9:47 min/km

00000/000: 131 (of 221)

00000/0: 117 (of 193)

000000: 15:53:45

00000: 35(of 52)

0000000: 18:08:24

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
km 6,28 Gedenk:	6.28	44:13	7:02	31	8:01	129	10:53	6.28	44:13	7:02	31	8:01	129	10:53
km 11,32 Behms	5.04	31:38	6:16	16	3:49	82	6:56	11.32	1:15:51	6:42	29	9:08	120	17:49
km 22,10 Lübars	10.78	1:08:10	6:19	20	12:23	78	17:14	22.10	2:24:01	6:30	23	19:42	88	30:50
km 32,52 Naturs	10.42	1:13:19	7:02	23	15:41	101	21:33	32.52	3:37:20	6:40	23	34:53	90	47:50
km 43,36 Ruderc	10.84	1:23:59	7:44	28	23:56	117	31:11	43.36	5:01:19	6:56	25	58:23	98	1:17:08
km 55,35 Schönv	11.99	1:32:02	7:40	29	24:52	110	31:45	55.35	6:33:21	7:06	24	1:23:15	98	1:48:53
km 68,07 Garten	12.72	2:00:09	9:26	41	39:20	145	47:12	68.07	8:33:30	7:32	26	2:02:35	108	2:35:21
km 80,53 Schloß	12.46	1:57:23	9:25	24	36:28	107	46:20	80.53	10:30:53	7:50	28	2:39:03	109	3:13:45
km 99,65 Geden	19.12	2:59:59	9:24	33	56:21	118	1:15:16	99.65	13:30:52	8:08	28	3:35:24	110	4:15:50
km 112,75 Sport	13.10	2:06:59	9:41	28	33:32	89	2:00:07	112.75	15:37:51	8:19	29	4:08:56	108	5:01:22
km 124,92 Lichte	12.17	3:11:27	15:43	45	1:45:58	162	1:52:41	124.92	18:49:18	9:02	33	5:46:19	117	6:52:28
km 134,98 Buck	10.06	1:41:21	10:04	31	24:20	88	43:52	134.98	20:30:39	9:07	34	5:56:36	118	7:29:56
Test	9.89	2:36:56	15:52	42	1:16:15	150	1:34:09	144.87	23:07:35	9:34	35	7:08:03	115	9:03:42
Stadion Lobeckst	16.01	3:08:09	11:45	34	1:06:34	111	1:18:17	160.90	26:15:44	9:47	35	8:07:20	117	10:21:59