



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

0000

Jordan, Jürgen

00: SuS Bertlich

00: 22

00: 160.90 km

100MeilenBerlin

0000:

Senioren M60 (60-64 Jahre)

000: 25:59:52

00: 6.15 km/h

0000: 9:41 min/km

00000/0000: 128 (of 221)

00000/0: 114 (of 193)

000000: 15:53:45

00000: 7(of 11)

0000000: 20:42:27

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 00	000 min/km	00 -	00 -	00 0	00 0
km 6,28 Gedenk:	6.28	44:57	7:09	6	3:16	137	11:37	6.28	44:57	7:09	6	3:16	137	11:37
km 11,32 Behms	5.04	32:41	6:29	4	1:37	109	7:59	11.32	1:17:38	6:51	4	4:45	124	19:36
km 22,10 Lübars	10.78	1:13:49	6:50	4	3:14	118	22:53	22.10	2:31:27	6:51	4	6:40	122	38:16
km 32,52 Naturs	10.42	1:15:33	7:15	5	2:56	117	23:47	32.52	3:47:00	6:58	4	9:36	115	57:30
km 43,36 Ruderc	10.84	1:24:27	7:47	4	12:16	122	31:39	43.36	5:11:27	7:10	4	18:57	118	1:27:16
km 55,35 Schönv	11.99	1:38:05	8:10	6	16:35	138	37:48	55.35	6:49:32	7:23	5	31:12	122	2:05:04
km 68,07 Garten	12.72	2:00:05	9:26	7	28:22	144	47:08	68.07	8:49:37	7:46	5	50:15	128	2:51:28
km 80,53 Schloß	12.46	1:55:37	9:16	4	21:41	100	44:34	80.53	10:45:14	8:00	5	1:11:56	121	3:28:06
km 99,65 Geden	19.12	3:06:57	9:46	7	53:36	127	1:22:14	99.65	13:52:11	8:21	5	1:49:46	123	4:37:09
km 112,75 Sport	13.10	2:25:58	11:08	7	2:19:06	114	2:19:06	112.75	16:18:09	8:40	6	2:32:06	118	5:41:40
km 124,92 Lichte	12.17	2:10:10	10:41	4	22:26	81	51:24	124.92	18:28:19	8:52	5	2:43:32	112	6:31:29
km 134,98 Buck	10.06	1:48:58	10:49	6	22:12	113	51:29	134.98	20:17:17	9:01	5	3:05:42	112	7:16:34
Test	9.89	2:16:15	13:46	10	53:03	131	1:13:28	144.87	22:33:32	9:20	6	3:58:45	113	8:29:39
Stadion Lobeckst	16.01	3:26:20	12:53	11	1:18:40	142	1:36:28	160.90	25:59:52	9:41	7	5:17:25	114	10:06:07