



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Hennig, Sven Heiko

000: 25:30:57

00: Gedenken an Fiedel 1985

00: 6.27 km/h

00: 175

0000: 9:31 min/km

00: 160.90 km

00000/000: 123 (of 221)

100MeilenBerlin

00000/0: 110 (of 193)

000000: 15:53:45

0000:

00000: 16(of 35)

Senioren M45 (45-49 Jahre)

0000000: 17:53:12

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
km 6,28 Gedenk:	6.28	45:01	7:10	27	8:48	139	11:41	6.28	45:01	7:10	27	8:48	139	11:41
km 11,32 Behms	5.04	37:35	7:27	33	10:29	179	12:53	11.32	1:22:36	7:17	30	16:33	163	24:34
km 22,10 Lübars	10.78	1:14:44	6:55	23	18:01	127	23:48	22.10	2:37:20	7:07	27	31:27	153	44:09
km 32,52 Naturs	10.42	1:12:30	6:57	22	16:13	93	20:44	32.52	3:49:50	7:04	24	47:40	121	1:00:20
km 43,36 Ruderc	10.84	1:18:32	7:14	18	18:46	83	25:44	43.36	5:08:22	7:06	23	1:04:48	111	1:24:11
km 55,35 Schönv	11.99	1:28:38	7:23	18	22:59	88	28:21	55.35	6:37:00	7:10	20	1:26:27	103	1:52:32
km 68,07 Garten	12.72	1:49:02	8:34	20	33:36	103	36:05	68.07	8:26:02	7:26	20	1:59:29	101	2:27:53
km 80,53 Schloß	12.46	1:51:03	8:54	18	34:01	86	40:00	80.53	10:17:05	7:39	20	2:33:30	96	2:59:57
km 99,65 Geden	19.12	2:56:56	9:15	22	1:03:53	113	1:12:13	99.65	13:14:01	7:58	20	3:18:12	101	3:58:59
km 112,75 Sport	13.10	2:53:00	13:12	25	1:25:21	143	2:46:08	112.75	16:07:01	8:34	19	4:16:36	114	5:30:32
km 124,92 Lichte	12.17	2:13:19	10:57	17	37:51	93	54:33	124.92	18:20:20	8:48	18	4:40:55	108	6:23:30
km 134,98 Buck	10.06	1:47:14	10:39	17	35:43	106	49:45	134.98	20:07:34	8:56	18	5:16:38	111	7:06:51
Test	9.89	2:12:47	13:25	19	1:03:53	123	1:10:00	144.87	22:20:21	9:15	16	6:20:31	107	8:16:28
Stadion Lobeckst	16.01	3:10:36	11:54	19	1:17:14	122	1:20:44	160.90	25:30:57	9:30	16	7:37:45	110	9:37:12