



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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## Bastin, William

□□: Strength and Conditioning

□□: 240

□□: 160.90 km  
100MeilenBerlin

□□□□:  
Männer (20-29 Jahre)

□□□□□/□□□: DNF (of 221)

□□□□□/□: DNF (of 193)

□□□□□□: 15:53:45

□□□□□: DNF(of 4)

□□□□□□□: 28:00:23

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	46:56	7:28	4	7:27	166	13:36	6.28	46:56	7:28	4	7:27	166	13:36	
km 11,32 Behms	5.04	35:26	7:01	4	7:38	152	10:44	11.32	1:22:22	7:16	4	15:05	161	24:20	
km 22,10 Lübars	10.78	1:25:32	7:56	4	21:54	182	34:36	22.10	2:47:54	7:35	4	36:58	178	54:43	
km 32,52 Naturs	10.42	1:23:20	7:59	4	22:35	160	31:34	32.52	4:11:14	7:43	4	59:33	175	1:21:44	
km 43,36 Ruderc	10.84	1:40:41	9:17	4	32:18	176	47:53	43.36	5:51:55	8:06	4	1:31:51	181	2:07:44	
km 55,35 Schönv	11.99	1:39:04	8:15	4	21:31	143	38:47	55.35	7:30:59	8:08	4	1:53:22	169	2:46:31	
km 68,07 Garten	12.72	2:04:18	9:46	4	20:30	157	51:21	68.07	9:35:17	8:27	4	2:10:18	165	3:37:08	
km 80,53 Schloß	12.46	2:35:22	12:28	3	41:22	177	1:24:19	80.53	12:10:39	9:04	4	2:51:40	167	4:53:31	
km 99,65 Geden	19.12	fehlt!	-	-	-	-	-	99.65	-	-	-	-	-	-	
km 112,75 Sport	13.10	fehlt!	-	-	-	-	-	112.75	-	-	-	-	-	-	
km 124,92 Lichte	12.17	fehlt!	-	-	-	-	-	124.92	-	-	-	-	-	-	
km 134,98 Buck	10.06	fehlt!	-	-	-	-	-	134.98	-	-	-	-	-	-	
Test	9.89	fehlt!	-	-	-	-	-	144.87	-	-	-	-	-	-	
Stadion Lobeckst	16.01	fehlt!	-	-	-	-	-	160.90	-	-	-	-	-	-	