



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Schroeder, Petra

□□: Rennsteiglaufverein

□□: 146

□□: 160.90 km

100MeilenBerlin

□□□□:

Seniorinnen W50 (50-54 Jahre)

□□□: 28:25:46

□□: 5.63 km/h

□□□□: 10:36 min/km

□□□□□/□□□□: 159 (of 221)

□□□□□/□: 18 (of 28)

□□□□□□: 17:13:09

□□□□□: 2(of 2)

□□□□□□□: 25:15:33

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
km 6,28 Gedenk:	6.28	50:11	7:59	2	0:04	28	10:55	6.28	50:11	7:59	2	0:04	28	10:55
km 11,32 Behms	5.04	36:10	7:10	1	-	18	9:03	11.32	1:26:21	7:37	1	-	24	19:53
km 22,10 Lübars	10.78	1:27:45	8:08	2	6:25	27	28:26	22.10	2:54:06	7:52	2	6:22	26	47:52
km 32,52 Naturs	10.42	1:27:38	8:24	1	-	24	25:48	32.52	4:21:44	8:02	2	6:17	27	1:13:13
km 43,36 Ruderc	10.84	1:43:30	9:32	2	9:45	27	37:23	43.36	6:05:14	8:25	2	16:02	27	1:50:36
km 55,35 Schönv	11.99	1:48:25	9:02	2	14:02	26	33:25	55.35	7:53:39	8:33	2	30:04	27	2:23:21
km 68,07 Garten	12.72	2:13:59	10:31	2	13:41	25	52:30	68.07	10:07:38	8:55	2	43:45	26	3:15:51
km 80,53 Schloß	12.46	2:32:44	12:15	1	-	23	1:13:40	80.53	12:40:22	9:26	2	10:22	25	4:29:31
km 99,65 Geden	19.12	3:36:11	11:18	2	1:39:51	23	1:39:51	99.65	16:16:33	9:47	2	1:50:13	25	6:03:56
km 112,75 Sport	13.10	3:05:52	14:11	2	1:02:28	21	1:34:01	112.75	19:22:25	10:18	2	2:52:41	23	7:37:57
km 124,92 Lichte	12.17	2:32:41	12:32	2	18:54	21	1:07:42	124.92	21:55:06	10:31	2	3:11:35	22	8:45:39
km 134,98 Buck	10.06	1:39:07	9:51	2	0:58	12	34:46	134.98	23:34:13	10:28	2	3:12:33	22	9:20:25
Test	9.89	2:00:30	12:11	2	7:05	14	48:21	144.87	25:34:43	10:35	2	3:19:38	21	10:08:46
Stadion Lobeckst	16.01	2:51:03	10:41	1	-	9	1:03:51	160.90	28:25:46	10:36	2	3:10:13	18	11:12:37