



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Herde, Hans-Jürgen

□□: Streakrunner

□□: 229

□□: 160.90 km
100MeilenBerlin

□□□□:
Senioren M55 (55-59 Jahre)

□□□□□/□□□: DNF (of 221)

□□□□□/□: DNF (of 193)

□□□□□□: 15:53:45

□□□□□: DNF(of 28)

□□□□□□□: 17:43:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	45:50	7:17	21	9:51	152	12:30	6.28	45:50	7:17	21	9:51	152	12:30	
km 11,32 Behms	5.04	35:03	6:57	20	7:16	144	10:21	11.32	1:20:53	7:08	21	12:59	150	22:51	
km 22,10 Lübars	10.78	1:18:55	7:19	24	27:59	161	27:59	22.10	2:39:48	7:13	22	40:34	157	46:37	
km 32,52 Naturs	10.42	1:19:47	7:39	16	27:38	136	28:01	32.52	3:59:35	7:22	21	1:08:12	149	1:10:05	
km 43,36 Ruderc	10.84	1:32:49	8:33	21	40:01	159	40:01	43.36	5:32:24	7:39	21	1:48:13	154	1:48:13	
km 55,35 Schönv	11.99	1:41:12	8:26	18	40:11	148	40:55	55.35	7:13:36	7:50	20	2:28:24	155	2:29:08	
km 68,07 Garten	12.72	2:00:11	9:26	19	46:18	147	47:14	68.07	9:13:47	8:08	19	3:14:42	149	3:15:38	
km 80,53 Schloß	12.46	1:57:20	9:25	15	39:17	106	46:17	80.53	11:11:07	8:20	18	3:53:59	142	3:53:59	
km 99,65 Geden	19.12	3:18:06	10:21	14	1:33:23	136	1:33:23	99.65	14:29:13	8:43	16	5:14:11	141	5:14:11	
km 112,75 Sport	13.10	3:06:09	14:12	19	1:35:35	156	2:59:17	112.75	17:35:22	9:21	16	6:49:46	143	6:58:53	
km 124,92 Lichte	12.17	fehlt!	-	-	-	-	-	124.92	-	-	-	-	-	-	
km 134,98 Buck	10.06	fehlt!	-	-	-	-	-	134.98	-	-	-	-	-	-	
Test	9.89	fehlt!	-	-	-	-	-	144.87	-	-	-	-	-	-	
Stadion Lobeckst	16.01	fehlt!	-	-	-	-	-	160.90	-	-	-	-	-	-	