



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

0000

Mertens, Joachim

000: 29:13:08

00: DUV

00: 5.48 km/h

00: 225

0000: 10:54 min/km

00: 160.90 km

00000/000: 170 (of 221)

100MeilenBerlin

00000/0: 150 (of 193)

000000: 15:53:45

0000:

00000: 43(of 52)

Senioren M50 (50-54 Jahre)

0000000: 18:08:24

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
km 6,28 Gedenk:	6.28	50:20	8:00	48	14:08	187	17:00	6.28	50:20	8:00	48	14:08	187	17:00	
km 11,32 Behms	5.04	35:48	7:06	40	7:59	157	11:06	11.32	1:26:08	7:36	48	19:25	185	28:06	
km 22,10 Lübars	10.78	1:22:09	7:37	44	26:22	173	31:13	22.10	2:48:17	7:36	45	43:58	180	55:06	
km 32,52 Naturs	10.42	1:24:54	8:08	44	27:16	170	33:08	32.52	4:13:11	7:47	45	1:10:44	179	1:23:41	
km 43,36 Ruderc	10.84	1:33:48	8:39	45	33:45	162	41:00	43.36	5:46:59	8:00	44	1:44:03	171	2:02:48	
km 55,35 Schönv	11.99	1:45:52	8:49	47	38:42	163	45:35	55.35	7:32:51	8:10	45	2:22:45	172	2:48:23	
km 68,07 Garten	12.72	2:09:26	10:10	49	48:37	172	56:29	68.07	9:42:17	8:33	46	3:11:22	168	3:44:08	
km 80,53 Schloß	12.46	2:32:08	12:12	49	1:11:13	172	1:21:05	80.53	12:14:25	9:07	46	4:22:35	171	4:57:17	
km 99,65 Geden	19.12	3:34:02	11:11	43	1:30:24	159	1:49:19	99.65	15:48:27	9:31	45	5:52:59	162	6:33:25	
km 112,75 Sport	13.10	2:52:52	13:11	40	1:19:25	142	2:46:00	112.75	18:41:19	9:56	44	7:12:24	158	8:04:50	
km 124,92 Lichte	12.17	2:16:07	11:11	27	50:38	102	57:21	124.92	20:57:26	10:03	41	7:54:27	149	9:00:36	
km 134,98 Buck	10.06	1:58:00	11:43	38	40:59	130	1:00:31	134.98	22:55:26	10:11	40	8:21:23	146	9:54:43	
Test	9.89	2:30:47	15:14	41	1:10:06	146	1:28:00	144.87	25:26:13	10:32	41	9:26:41	146	11:22:20	
Stadion Lobeckst	16.01	3:46:55	14:10	44	1:45:20	153	1:57:03	160.90	29:13:08	10:53	43	11:04:44	150	13:19:23	