



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Baars, Olaf

□□□: 28:50:02

□□: WKF Bergfried 91 Dresden

□□: 5.55 km/h

□□: 228

□□□□: 10:45 min/km

□□: 160.90 km

□□□□□/□□□□: 161 (of 221)

100MeilenBerlin

□□□□□/□: 143 (of 193)

□□□□□□: 15:53:45

□□□□:

□□□□□: 40(of 52)

Senioren M50 (50-54 Jahre)

□□□□□□□: 18:08:24

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	41:35	6:37	17	5:23	68	8:15	6.28	41:35	6:37	17	5:23	68	8:15	
km 11,32 Behms	5.04	29:10	5:47	5	1:21	28	4:28	11.32	1:10:45	6:15	14	4:02	59	12:43	
km 22,10 Lübars	10.78	1:07:21	6:14	18	11:34	71	16:25	22.10	2:18:06	6:14	17	13:47	65	24:55	
km 32,52 Naturs	10.42	1:13:37	7:03	26	15:59	105	21:51	32.52	3:31:43	6:30	20	29:16	82	42:13	
km 43,36 Ruderc	10.84	1:24:07	7:45	29	24:04	119	31:19	43.36	4:55:50	6:49	22	52:54	91	1:11:39	
km 55,35 Schönv	11.99	1:35:01	7:55	34	27:51	123	34:44	55.35	6:30:51	7:03	22	1:20:45	96	1:46:23	
km 68,07 Garten	12.72	2:09:13	10:09	48	48:24	171	56:16	68.07	8:40:04	7:38	30	2:09:09	116	2:41:55	
km 80,53 Schloß	12.46	2:11:36	10:33	37	50:41	144	1:00:33	80.53	10:51:40	8:05	33	2:59:50	126	3:34:32	
km 99,65 Geden	19.12	3:26:10	10:46	40	1:22:32	148	1:41:27	99.65	14:17:50	8:36	36	4:22:22	134	5:02:48	
km 112,75 Sport	13.10	3:23:12	15:30	46	1:49:45	168	3:16:20	112.75	17:41:02	9:24	41	6:12:07	146	7:04:33	
km 124,92 Lichte	12.17	2:57:25	14:34	44	1:31:56	160	1:38:39	124.92	20:38:27	9:54	40	7:35:28	141	8:41:37	
km 134,98 Buck	10.06	2:42:31	16:09	45	1:25:30	165	1:45:02	134.98	23:20:58	10:22	41	8:46:55	152	10:20:15	
Test	9.89	2:20:51	14:14	40	1:00:10	138	1:18:04	144.87	25:41:49	10:38	42	9:42:17	150	11:37:56	
Stadion Lobeckst	16.01	3:08:13	11:45	35	1:06:38	112	1:18:21	160.90	28:50:02	10:45	40	10:41:38	143	12:56:17	