



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

0000

Luber, Anton

00: Tandemclub Franken

00: 128

00: 160.90 km

100MeilenBerlin

0000:

Senioren M45 (45-49 Jahre)

000: 28:51:23

00: 5.54 km/h

0000: 10:46 min/km

00000/0000: 164 (of 221)

00000/0: 145 (of 193)

000000: 15:53:45

00000: 25(of 35)

0000000: 17:53:12

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
km 6,28 Gedenk:	6.28	45:39	7:16	30	9:26	148	12:19	6.28	45:39	7:16	30	9:26	148	12:19
km 11,32 Behms	5.04	36:24	7:13	28	9:18	164	11:42	11.32	1:22:03	7:14	29	16:00	157	24:01
km 22,10 Lübars	10.78	1:20:41	7:29	31	23:58	165	29:45	22.10	2:42:44	7:21	31	36:51	164	49:33
km 32,52 Naturs	10.42	1:24:56	8:09	33	28:39	172	33:10	32.52	4:07:40	7:36	32	1:05:30	170	1:18:10
km 43,36 Ruderc	10.84	1:30:04	8:18	26	30:18	146	37:16	43.36	5:37:44	7:47	29	1:34:10	158	1:53:33
km 55,35 Schönv	11.99	1:48:14	9:01	31	42:35	171	47:57	55.35	7:25:58	8:03	31	2:15:25	163	2:41:30
km 68,07 Garten	12.72	1:59:11	9:22	27	43:45	138	46:14	68.07	9:25:09	8:18	28	2:58:36	155	3:27:00
km 80,53 Schloß	12.46	2:07:13	10:12	23	50:11	135	56:10	80.53	11:32:22	8:35	27	3:48:47	151	4:15:14
km 99,65 Geden	19.12	4:23:37	13:47	32	2:30:34	175	2:38:54	99.65	15:55:59	9:35	30	6:00:10	167	6:40:57
km 112,75 Sport	13.10	3:10:17	14:31	28	1:42:38	158	3:03:25	112.75	19:06:16	10:09	29	7:15:51	163	8:29:47
km 124,92 Lichte	12.17	2:18:49	11:24	19	43:21	107	1:00:03	124.92	21:25:05	10:17	27	7:45:40	155	9:28:15
km 134,98 Buck	10.06	1:54:10	11:20	20	42:39	126	56:41	134.98	23:19:15	10:21	27	8:28:19	151	10:18:32
Test	9.89	2:14:04	13:33	20	1:05:10	128	1:11:17	144.87	25:33:19	10:35	25	9:33:29	147	11:29:26
Stadion Lobeckst	16.01	3:18:04	12:22	21	1:24:42	135	1:28:12	160.90	28:51:23	10:45	25	10:58:11	145	12:57:38