



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Düring, Volker

□□: LG Nord Berlin

□□: 156

□□: 160.90 km
100MeilenBerlin

□□□□:
Senioren M55 (55-59 Jahre)

□□□□□/□□□: DNF (of 221)

□□□□□/□: DNF (of 193)

□□□□□□: 15:53:45

□□□□□: DNF(of 28)

□□□□□□□: 17:43:34

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	41:49	6:39	9	5:50	79	8:29	6.28	41:49	6:39	9	5:50	79	8:29	
km 11,32 Behms	5.04	31:56	6:20	12	4:09	90	7:14	11.32	1:13:45	6:30	11	5:51	95	15:43	
km 22,10 Lübars	10.78	1:12:30	6:43	11	21:34	110	21:34	22.10	2:26:15	6:37	12	27:01	102	33:04	
km 32,52 Naturs	10.42	1:14:19	7:07	12	22:10	112	22:33	32.52	3:40:34	6:46	11	49:11	111	51:04	
km 43,36 Ruderc	10.84	1:21:21	7:30	12	28:33	98	28:33	43.36	5:01:55	6:57	9	1:17:44	102	1:17:44	
km 55,35 Schönv	11.99	1:23:15	6:56	7	22:14	65	22:58	55.35	6:25:10	6:57	10	1:39:58	89	1:40:42	
km 68,07 Garten	12.72	1:39:31	7:49	5	25:38	61	26:34	68.07	8:04:41	7:07	10	2:05:36	81	2:06:32	
km 80,53 Schloß	12.46	1:44:42	8:24	10	26:39	66	33:39	80.53	9:49:23	7:19	9	2:32:15	79	2:32:15	
km 99,65 Geden	19.12	2:28:50	7:47	6	44:07	48	44:07	99.65	12:18:13	7:24	8	3:03:11	69	3:03:11	
km 112,75 Sport	13.10	fehlt!	-	-	-	-	-	112.75	-	-	-	-	-	-	
km 124,92 Lichte	12.17	fehlt!	-	-	-	-	-	124.92	-	-	-	-	-	-	
km 134,98 Buck	10.06	fehlt!	-	-	-	-	-	134.98	-	-	-	-	-	-	
Test	9.89	fehlt!	-	-	-	-	-	144.87	-	-	-	-	-	-	
Stadion Lobeckst	16.01	fehlt!	-	-	-	-	-	160.90	-	-	-	-	-	-	