



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Gambelli, Ferdinando

□□□: 30:00:00

□□: Soc S.E.F. Stamura-Ancona

□□: 5.33 km/h

□□: 126

□□□□: 11:11 min/km

□□: 160.90 km

□□□□□/□□□: 182 (of 221)

100MeilenBerlin

□□□□□/□: 159 (of 193)

□□□□□□: 15:53:45

□□□□:

□□□□□: 11(of 11)

Senioren M60 (60-64 Jahre)

□□□□□□□: 20:42:27

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	43:42	6:57	3	2:01	114	10:22	6.28	43:42	6:57	3	2:01	114	10:22	
km 11,32 Behms	5.04	35:33	7:03	5	4:29	154	10:51	11.32	1:19:15	7:00	5	6:22	134	21:13	
km 22,10 Lübars	10.78	1:17:41	7:12	8	7:06	157	26:45	22.10	2:36:56	7:06	7	12:09	148	43:45	
km 32,52 Naturs	10.42	1:28:33	8:29	11	15:56	183	36:47	32.52	4:05:29	7:32	8	28:05	160	1:15:59	
km 43,36 Ruderc	10.84	1:40:44	9:17	11	28:33	177	47:56	43.36	5:46:13	7:59	9	53:43	170	2:02:02	
km 55,35 Schönv	11.99	1:57:49	9:49	11	36:19	186	57:32	55.35	7:44:02	8:23	11	1:25:42	182	2:59:34	
km 68,07 Garten	12.72	2:16:04	10:41	11	44:21	178	1:03:07	68.07	10:00:06	8:48	11	2:00:44	177	4:01:57	
km 80,53 Schloß	12.46	2:21:42	11:22	11	47:46	163	1:10:39	80.53	12:21:48	9:12	11	2:48:30	173	5:04:40	
km 99,65 Geden	19.12	3:39:00	11:27	11	1:25:39	162	1:54:17	99.65	16:00:48	9:38	11	3:58:23	169	6:45:46	
km 112,75 Sport	13.10	3:13:13	14:44	11	3:06:21	163	3:06:21	112.75	19:14:01	10:14	11	5:27:58	168	8:37:32	
km 124,92 Lichte	12.17	2:56:41	14:31	9	1:08:57	159	1:37:55	124.92	22:10:42	10:39	11	6:25:55	165	10:13:52	
km 134,98 Buck	10.06	2:40:32	15:57	11	1:13:46	164	1:43:03	134.98	24:51:14	11:02	11	7:39:39	165	11:50:31	
Test	9.89	1:53:41	11:29	4	30:29	85	50:54	144.87	26:44:55	11:04	11	8:10:08	160	12:41:02	
Stadion Lobeckst	16.01	3:15:05	12:11	10	1:07:25	131	1:25:13	160.90	30:00:00	11:11	11	9:17:33	159	14:06:15	