



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

0000

Wetzel, Jürgen

00: TeamworX4 e.V.

00: 135

00: 160.90 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 18:29:05

00: 8.66 km/h

0000: 6:53 min/km

00000/0000: 8 (of 221)

00000/0: 7 (of 193)

000000: 15:53:45

00000: 2(of 52)

0000000: 18:08:24

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
km 6,28 Gedenk:	6.28	36:15	5:46	2	0:03	13	2:55	6.28	36:15	5:46	2	0:03	13	2:55
km 11,32 Behms	5.04	32:35	6:27	21	4:46	106	7:53	11.32	1:08:50	6:04	6	2:07	36	10:48
km 22,10 Lübars	10.78	58:02	5:23	3	2:15	13	7:06	22.10	2:06:52	5:44	3	2:33	20	13:41
km 32,52 Naturs	10.42	59:25	5:42	4	1:47	19	7:39	32.52	3:06:17	5:43	4	3:50	20	16:47
km 43,36 Ruderc	10.84	1:00:03	5:32	1	-	10	7:15	43.36	4:06:20	5:40	3	3:24	15	22:09
km 55,35 Schönv	11.99	1:09:37	5:48	3	2:27	16	9:20	55.35	5:15:57	5:42	2	5:51	14	31:29
km 68,07 Garten	12.72	1:23:14	6:32	4	2:25	19	10:17	68.07	6:39:11	5:51	3	8:16	14	41:02
km 80,53 Schloß	12.46	1:23:22	6:41	2	2:27	12	12:19	80.53	8:02:33	5:59	3	10:43	12	45:25
km 99,65 Geden	19.12	2:10:38	6:49	3	7:00	16	25:55	99.65	10:13:11	6:09	2	17:43	10	58:09
km 112,75 Sport	13.10	1:48:51	8:18	5	15:24	24	1:41:59	112.75	12:02:02	6:24	3	33:07	10	1:25:33
km 124,92 Lichte	12.17	1:25:29	7:01	1	-	3	6:43	124.92	13:27:31	6:27	3	24:32	7	1:30:41
km 134,98 Buck	10.06	1:17:01	7:39	1	-	9	19:32	134.98	14:44:32	6:33	2	10:29	6	1:43:49
Test	9.89	1:20:41	8:09	1	-	9	17:54	144.87	16:05:13	6:39	2	5:41	6	2:01:20
Stadion Lobeckst	16.01	2:23:52	8:59	14	22:17	34	34:00	160.90	18:29:05	6:53	2	20:41	7	2:35:20