



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Brandl, Johannes

00: DUV

00: 78

00: 160.90 km

100MeilenBerlin

0000:

Senioren M30 (30-34 Jahre)

000: 19:03:25

00: 8.40 km/h

0000: 7:07 min/km

00000/000: 15 (of 221)

00000/0: 13 (of 193)

000000: 15:53:45

00000: 2(of 10)

0000000: 18:58:35

0000

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000

| 000              | 00<br>km | 00<br>00 | 00<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 | 000    | 000<br>km | 000<br>00 | 000<br>min/km | 00<br>- | 00<br>- | 00<br>0 | 00<br>0 |
|------------------|----------|----------|--------------|---------|---------|---------|---------|--------|-----------|-----------|---------------|---------|---------|---------|---------|
| km 6,28 Gedenk:  | 6.28     | 35:57    | 5:43         | 1       | -       | 4       | 2:37    | 6.28   | 35:57     | 5:43      | 1             | -       | 4       | 2:37    |         |
| km 11,32 Behms   | 5.04     | 30:47    | 6:06         | 4       | 3:19    | 58      | 6:05    | 11.32  | 1:06:44   | 5:53      | 2             | 0:47    | 9       | 8:42    |         |
| km 22,10 Lübars  | 10.78    | 56:05    | 5:12         | 2       | 2:25    | 9       | 5:09    | 22.10  | 2:02:49   | 5:33      | 2             | 3:12    | 7       | 9:38    |         |
| km 32,52 Naturs  | 10.42    | 56:41    | 5:26         | 2       | 4:55    | 9       | 4:55    | 32.52  | 2:59:30   | 5:31      | 2             | 8:07    | 7       | 10:00   |         |
| km 43,36 Ruderc  | 10.84    | 1:04:05  | 5:54         | 3       | 11:17   | 20      | 11:17   | 43.36  | 4:03:35   | 5:37      | 2             | 19:24   | 11      | 19:24   |         |
| km 55,35 Schönv  | 11.99    | 1:10:10  | 5:51         | 2       | 9:53    | 19      | 9:53    | 55.35  | 5:13:45   | 5:40      | 2             | 29:17   | 13      | 29:17   |         |
| km 68,07 Garten  | 12.72    | 1:21:59  | 6:26         | 3       | 8:18    | 9       | 9:02    | 68.07  | 6:35:44   | 5:48      | 2             | 37:35   | 12      | 37:35   |         |
| km 80,53 Schloß  | 12.46    | 1:28:17  | 7:05         | 2       | 4:48    | 22      | 17:14   | 80.53  | 8:04:01   | 6:00      | 2             | 42:23   | 13      | 46:53   |         |
| km 99,65 Geden   | 19.12    | 2:11:25  | 6:52         | 2       | 2:07    | 18      | 26:42   | 99.65  | 10:15:26  | 6:10      | 2             | 44:30   | 12      | 1:00:24 |         |
| km 112,75 Sport  | 13.10    | 1:35:30  | 7:17         | 1       | -       | 12      | 1:28:38 | 112.75 | 11:50:56  | 6:18      | 2             | 25:16   | 8       | 1:14:27 |         |
| km 124,92 Lichte | 12.17    | 1:50:18  | 9:03         | 2       | 3:19    | 25      | 31:32   | 124.92 | 13:41:14  | 6:34      | 2             | 28:35   | 9       | 1:44:24 |         |
| km 134,98 Buck   | 10.06    | 1:28:43  | 8:49         | 2       | 6:58    | 40      | 31:14   | 134.98 | 15:09:57  | 6:44      | 2             | 35:33   | 10      | 2:09:14 |         |
| Test             | 9.89     | 1:38:23  | 9:56         | 1       | -       | 32      | 35:36   | 144.87 | 16:48:20  | 6:57      | 2             | 21:51   | 12      | 2:44:27 |         |
| Stadion Lobeckst | 16.01    | 2:15:05  | 8:26         | 1       | -       | 23      | 25:13   | 160.90 | 19:03:25  | 7:06      | 2             | 4:50    | 13      | 3:09:40 |         |