



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Baudek, Gerald

□□: ASC Marathon Friedberg

□□: 255

□□: 160.90 km
100MeilenBerlin

□□□□:
Senioren M45 (45-49 Jahre)

□□□□□/□□□: DNF (of 221)

□□□□□/□: DNF (of 193)

□□□□□□: 15:53:45

□□□□□: DNF(of 35)

□□□□□□□: 17:53:12

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	36:29	5:48	3	0:16	23	3:09	6.28	36:29	5:48	3	0:16	23	3:09	
km 11,32 Behms	5.04	32:51	6:31	23	5:45	112	8:09	11.32	1:09:20	6:07	11	3:17	43	11:18	
km 22,10 Lübars	10.78	59:08	5:29	3	2:25	20	8:12	22.10	2:08:28	5:48	9	2:35	31	15:17	
km 32,52 Naturs	10.42	59:22	5:41	3	3:05	18	7:36	32.52	3:07:50	5:46	3	5:40	21	18:20	
km 43,36 Ruderc	10.84	1:04:30	5:57	4	4:44	22	11:42	43.36	4:12:20	5:49	4	8:46	20	28:09	
km 55,35 Schönv	11.99	1:10:03	5:50	4	4:24	17	9:46	55.35	5:22:23	5:49	3	11:50	18	37:55	
km 68,07 Garten	12.72	1:29:37	7:02	6	14:11	35	16:40	68.07	6:52:00	6:03	3	25:27	19	53:51	
km 80,53 Schloß	12.46	1:30:30	7:15	7	13:28	28	19:27	80.53	8:22:30	6:14	3	38:55	21	1:05:22	
km 99,65 Geden	19.12	2:44:31	8:36	14	51:28	86	59:48	99.65	11:07:01	6:41	7	1:11:12	30	1:51:59	
km 112,75 Sport	13.10	1:51:08	8:29	5	23:29	30	1:44:16	112.75	12:58:09	6:54	6	1:07:44	28	2:21:40	
km 124,92 Lichte	12.17	1:35:28	7:50	1	-	8	16:42	124.92	14:33:37	6:59	5	54:12	25	2:36:47	
km 134,98 Buck	10.06	1:15:24	7:29	3	3:53	5	17:55	134.98	15:49:01	7:01	4	58:05	22	2:48:18	
Test	9.89	fehlt!	-	-	-	-	-	144.87	-	-	-	-	-	-	
Stadion Lobeckst	16.01	fehlt!	-	-	-	-	-	160.90	-	-	-	-	-	-	