



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

0000

Brehe, Michael

00: LG FC Bayern Osnabrück

00: 59

00: 160.90 km

100MeilenBerlin

0000:

Senioren M50 (50-54 Jahre)

000: 20:54:34

00: 7.70 km/h

0000: 7:48 min/km

00000/000: 33 (of 221)

00000/0: 28 (of 193)

000000: 15:53:45

00000: 9(of 52)

0000000: 18:08:24

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000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
km 6,28 Gedenk:	6.28	36:18	5:46	4	0:06	16	2:58	6.28	36:18	5:46	4	0:06	16	2:58
km 11,32 Behms	5.04	37:54	7:31	49	10:05	185	13:12	11.32	1:14:12	6:33	24	7:29	97	16:10
km 22,10 Lübars	10.78	1:01:35	5:42	10	5:48	35	10:39	22.10	2:15:47	6:08	14	11:28	56	22:36
km 32,52 Naturs	10.42	1:01:29	5:54	8	3:51	27	9:43	32.52	3:17:16	6:03	11	14:49	44	27:46
km 43,36 Ruderc	10.84	1:07:13	6:12	9	7:10	29	14:25	43.36	4:24:29	6:05	10	21:33	38	40:18
km 55,35 Schönv	11.99	1:25:21	7:07	17	18:11	76	25:04	55.35	5:49:50	6:19	11	39:44	45	1:05:22
km 68,07 Garten	12.72	1:24:27	6:38	6	3:38	23	11:30	68.07	7:14:17	6:22	10	43:22	35	1:16:08
km 80,53 Schloß	12.46	1:33:51	7:31	8	12:56	33	22:48	80.53	8:48:08	6:33	10	56:18	37	1:31:00
km 99,65 Geden	19.12	2:26:32	7:39	10	22:54	43	41:49	99.65	11:14:40	6:46	8	1:19:12	31	1:59:38
km 112,75 Sport	13.10	1:51:50	8:32	9	18:23	34	1:44:58	112.75	13:06:30	6:58	8	1:37:35	31	2:30:01
km 124,92 Lichte	12.17	1:48:34	8:55	6	23:05	24	29:48	124.92	14:55:04	7:09	8	1:52:05	28	2:58:14
km 134,98 Buck	10.06	1:30:23	8:59	13	13:22	46	32:54	134.98	16:25:27	7:18	8	1:51:24	29	3:24:44
Test	9.89	1:39:19	10:02	10	18:38	34	36:32	144.87	18:04:46	7:29	8	2:05:14	26	4:00:53
Stadion Lobeckst	16.01	2:49:48	10:36	27	48:13	78	59:56	160.90	20:54:34	7:47	9	2:46:10	28	5:00:49