



# 100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Peemöller, Sven

□□: 100 Marathon Club

□□: 88

□□: 160.90 km

100MeilenBerlin

□□□□:

Senioren M45 (45-49 Jahre)

□□□: 21:04:04

□□: 7.59 km/h

□□□□: 7:52 min/km

□□□□□/□□□□: 37 (of 221)

□□□□□/□: 31 (of 193)

□□□□□□: 15:53:45

□□□□□: 5(of 35)

□□□□□□□: 17:53:12

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	39:26	6:16	10	3:13	38	6:06	6.28	39:26	6:16	10	3:13	38	6:06	
km 11,32 Behms	5.04	27:32	5:27	2	0:26	7	2:50	11.32	1:06:58	5:54	4	0:55	11	8:56	
km 22,10 Lübars	10.78	59:32	5:31	5	2:49	24	8:36	22.10	2:06:30	5:43	4	0:37	16	13:19	
km 32,52 Naturs	10.42	1:02:02	5:57	8	5:45	34	10:16	32.52	3:08:32	5:47	5	6:22	23	19:02	
km 43,36 Ruderc	10.84	1:05:57	6:05	5	6:11	24	13:09	43.36	4:14:29	5:52	5	10:55	24	30:18	
km 55,35 Schönv	11.99	1:12:03	6:00	5	6:24	24	11:46	55.35	5:26:32	5:53	5	15:59	24	42:04	
km 68,07 Garten	12.72	1:40:17	7:53	16	24:51	67	27:20	68.07	7:06:49	6:16	7	40:16	33	1:08:40	
km 80,53 Schloß	12.46	1:48:59	8:44	15	31:57	77	37:56	80.53	8:55:48	6:39	11	1:12:13	41	1:38:40	
km 99,65 Geden	19.12	2:47:08	8:44	15	54:05	93	1:02:25	99.65	11:42:56	7:03	11	1:47:07	44	2:27:54	
km 112,75 Sport	13.10	1:30:25	6:54	2	2:46	6	1:23:33	112.75	13:13:21	7:02	8	1:22:56	35	2:36:52	
km 124,92 Lichte	12.17	2:07:40	10:29	13	32:12	68	48:54	124.92	15:21:01	7:22	8	1:41:36	34	3:24:11	
km 134,98 Buck	10.06	1:16:47	7:37	5	5:16	7	19:18	134.98	16:37:48	7:23	10	1:46:52	34	3:37:05	
Test	9.89	1:46:05	10:43	11	37:11	64	43:18	144.87	18:23:53	7:37	7	2:24:03	31	4:20:00	
Stadion Lobeckst	16.01	2:40:11	10:00	6	46:49	53	50:19	160.90	21:04:04	7:51	5	3:10:52	31	5:10:19	