



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Kutz, Bernd

□□□: 21:09:39

□□: Berlin

□□: 7.56 km/h

□□: 85

□□□□: 7:53 min/km

□□: 160.90 km

□□□□□/□□□□: 38 (of 221)

100MeilenBerlin

□□□□□/□: 34 (of 193)

□□□□□□: 15:53:45

□□□□:

□□□□□: 11(of 52)

Senioren M50 (50-54 Jahre)

□□□□□□□: 18:08:24

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	43:47	6:58	29	7:35	117	10:27	6.28	43:47	6:58	29	7:35	117	10:27	
km 11,32 Behms	5.04	31:54	6:19	17	4:05	89	7:12	11.32	1:15:41	6:41	28	8:58	117	17:39	
km 22,10 Lübars	10.78	1:11:16	6:36	26	15:29	98	20:20	22.10	2:26:57	6:38	27	22:38	107	33:46	
km 32,52 Naturs	10.42	1:13:22	7:02	24	15:44	102	21:36	32.52	3:40:19	6:46	27	37:52	108	50:49	
km 43,36 Ruderc	10.84	1:13:44	6:48	13	13:41	55	20:56	43.36	4:54:03	6:46	21	51:07	85	1:09:52	
km 55,35 Schönv	11.99	1:29:40	7:28	26	22:30	99	29:23	55.35	6:23:43	6:55	19	1:13:37	86	1:39:15	
km 68,07 Garten	12.72	1:47:48	8:28	22	26:59	96	34:51	68.07	8:11:31	7:13	17	1:40:36	85	2:13:22	
km 80,53 Schloß	12.46	1:40:35	8:04	11	19:40	53	29:32	80.53	9:52:06	7:21	15	2:00:16	80	2:34:58	
km 99,65 Geden	19.12	2:42:34	8:30	23	38:56	82	57:51	99.65	12:34:40	7:34	16	2:39:12	78	3:19:38	
km 112,75 Sport	13.10	1:53:44	8:40	12	20:17	46	1:46:52	112.75	14:28:24	7:42	15	2:59:29	72	3:51:55	
km 124,92 Lichte	12.17	1:37:43	8:01	4	12:14	12	18:57	124.92	16:06:07	7:44	13	3:03:08	51	4:09:17	
km 134,98 Buck	10.06	1:20:44	8:01	7	3:43	22	23:15	134.98	17:26:51	7:45	11	2:52:48	46	4:26:08	
Test	9.89	1:34:45	9:34	8	14:04	23	31:58	144.87	19:01:36	7:52	12	3:02:04	42	4:57:43	
Stadion Lobeckst	16.01	2:08:03	7:59	3	6:28	14	18:11	160.90	21:09:39	7:53	11	3:01:15	34	5:15:54	