



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Glogger, Bertram

000: 21:28:28

00: DUV

00: 7.45 km/h

00: 159

0000: 8:01 min/km

00: 160.90 km

00000/000: 44 (of 221)

100MeilenBerlin

00000/0: 39 (of 193)

000000: 15:53:45

0000:

00000: 12(of 52)

Senioren M50 (50-54 Jahre)

0000000: 18:08:24

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
km 6,28 Gedenk:	6.28	43:14	6:53	26	7:02	105	9:54	6.28	43:14	6:53	26	7:02	105	9:54
km 11,32 Behms	5.04	29:23	5:49	7	1:34	34	4:41	11.32	1:12:37	6:24	18	5:54	77	14:35
km 22,10 Lübars	10.78	1:05:49	6:06	14	10:02	58	14:53	22.10	2:18:26	6:15	18	14:07	68	25:15
km 32,52 Naturs	10.42	1:06:24	6:22	14	8:46	54	14:38	32.52	3:24:50	6:17	15	22:23	60	35:20
km 43,36 Ruderc	10.84	1:09:51	6:26	11	9:48	38	17:03	43.36	4:34:41	6:20	13	31:45	52	50:30
km 55,35 Schönv	11.99	1:19:48	6:39	12	12:38	49	19:31	55.35	5:54:29	6:24	12	44:23	51	1:10:01
km 68,07 Garten	12.72	1:29:18	7:01	9	8:29	31	16:21	68.07	7:23:47	6:31	11	52:52	45	1:25:38
km 80,53 Schloß	12.46	1:40:13	8:02	10	19:18	50	29:10	80.53	9:04:00	6:45	11	1:12:10	44	1:46:52
km 99,65 Geden	19.12	2:25:48	7:37	9	22:10	41	41:05	99.65	11:29:48	6:55	10	1:34:20	39	2:14:46
km 112,75 Sport	13.10	1:55:55	8:50	15	22:28	56	1:49:03	112.75	13:25:43	7:08	10	1:56:48	39	2:49:14
km 124,92 Lichte	12.17	2:01:57	10:01	12	36:28	51	43:11	124.92	15:27:40	7:25	9	2:24:41	38	3:30:50
km 134,98 Buck	10.06	1:35:08	9:27	25	18:07	72	37:39	134.98	17:02:48	7:34	9	2:28:45	39	4:02:05
Test	9.89	1:44:09	10:31	19	23:28	56	41:22	144.87	18:46:57	7:46	10	2:47:25	39	4:43:04
Stadion Lobeckst	16.01	2:41:31	10:05	20	39:56	58	51:39	160.90	21:28:28	8:00	12	3:20:04	39	5:34:43