



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

0000

Becker, Mark

00: die windhunde

00: 31

00: 160.90 km

100MeilenBerlin

0000:

Senioren M35 (35-39 Jahre)

000: 21:35:50

00: 7.41 km/h

0000: 8:03 min/km

00000/0000: 49 (of 221)

00000/0: 44 (of 193)

000000: 15:53:45

00000: 6(of 15)

0000000: 16:13:41

0000

0000

000

000	00 km	00 00	00 min/km	00 -	00 -	00 0	00 0	000	000 km	000 00	000 min/km	00 -	00 -	00 0	00 0
km 6,28 Gedenk:	6.28	41:57	6:40	9	7:21	84	8:37	6.28	41:57	6:40	9	7:21	84	8:37	
km 11,32 Behms	5.04	29:49	5:54	5	3:43	43	5:07	11.32	1:11:46	6:20	7	11:04	68	13:44	
km 22,10 Lübars	10.78	1:09:44	6:28	9	17:32	85	18:48	22.10	2:21:30	6:24	9	22:26	79	28:19	
km 32,52 Naturs	10.42	1:09:37	6:40	9	17:09	71	17:51	32.52	3:31:07	6:29	9	38:17	79	41:37	
km 43,36 Ruderc	10.84	1:17:38	7:09	11	21:24	75	24:50	43.36	4:48:45	6:39	10	59:41	74	1:04:34	
km 55,35 Schönv	11.99	1:31:20	7:37	11	25:13	107	31:03	55.35	6:20:05	6:52	9	1:21:35	77	1:35:37	
km 68,07 Garten	12.72	1:41:20	7:57	8	19:06	75	28:23	68.07	8:01:25	7:04	9	1:39:43	76	2:03:16	
km 80,53 Schloß	12.46	1:42:26	8:13	8	31:23	59	31:23	80.53	9:43:51	7:15	10	2:11:06	72	2:26:43	
km 99,65 Geden	19.12	2:41:44	8:27	10	53:59	79	57:01	99.65	12:25:35	7:28	10	3:05:05	74	3:10:33	
km 112,75 Sport	13.10	1:52:50	8:36	5	36:51	40	1:45:58	112.75	14:18:25	7:36	9	3:41:56	65	3:41:56	
km 124,92 Lichte	12.17	1:50:24	9:04	4	30:03	26	31:38	124.92	16:08:49	7:45	6	4:11:59	53	4:11:59	
km 134,98 Buck	10.06	1:29:07	8:51	7	25:14	42	31:38	134.98	17:37:56	7:50	6	4:37:13	51	4:37:13	
Test	9.89	1:36:44	9:46	5	22:44	29	33:57	144.87	19:14:40	7:58	6	4:59:57	45	5:10:47	
Stadion Lobeckst	16.01	2:21:10	8:49	4	22:42	32	31:18	160.90	21:35:50	8:03	6	5:22:09	44	5:42:05	