



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Beckmann, Michael

□□□: 21:50:28

□□: TVE Weiher

□□: 7.33 km/h

□□: 67

□□□□: 8:08 min/km

□□: 160.90 km

□□□□□/□□□□: 51 (of 221)

100MeilenBerlin

□□□□□/□: 46 (of 193)

□□□□□□: 15:53:45

□□□□:

□□□□□: 10(of 33)

Senioren M40 (40-44 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	39:36	6:18	8	6:16	41	6:16	6.28	39:36	6:18	8	6:16	41	6:16	
km 11,32 Behms	5.04	28:06	5:34	5	3:24	16	3:24	11.32	1:07:42	5:58	7	9:40	25	9:40	
km 22,10 Lübars	10.78	1:03:13	5:51	10	8:40	44	12:17	22.10	2:10:55	5:55	9	17:44	39	17:44	
km 32,52 Naturs	10.42	1:05:33	6:17	11	10:51	48	13:47	32.52	3:16:28	6:02	11	26:58	42	26:58	
km 43,36 Ruderc	10.84	1:15:42	6:59	13	17:13	63	22:54	43.36	4:32:10	6:16	10	42:23	46	47:59	
km 55,35 Schönv	11.99	1:17:49	6:29	11	14:36	43	17:32	55.35	5:49:59	6:19	11	51:24	46	1:05:31	
km 68,07 Garten	12.72	1:30:55	7:08	10	17:58	36	17:58	68.07	7:20:54	6:28	10	59:25	39	1:22:45	
km 80,53 Schloß	12.46	1:30:58	7:18	8	19:37	31	19:55	80.53	8:51:52	6:36	10	1:19:02	39	1:34:44	
km 99,65 Geden	19.12	2:25:13	7:35	10	34:47	37	40:30	99.65	11:17:05	6:47	10	1:53:49	35	2:02:03	
km 112,75 Sport	13.10	1:53:20	8:39	10	35:12	44	1:46:28	112.75	13:10:25	7:00	10	2:25:34	34	2:33:56	
km 124,92 Lichte	12.17	2:06:43	10:24	16	47:57	66	47:57	124.92	15:17:08	7:20	9	3:13:31	33	3:20:18	
km 134,98 Buck	10.06	1:33:22	9:16	13	35:53	62	35:53	134.98	16:50:30	7:29	8	3:49:24	35	3:49:47	
Test	9.89	1:52:59	11:25	18	50:12	83	50:12	144.87	18:43:29	7:45	8	4:39:36	35	4:39:36	
Stadion Lobeckst	16.01	3:06:59	11:40	24	1:17:07	107	1:17:07	160.90	21:50:28	8:08	10	5:56:43	46	5:56:43	