



100MeilenBerlin Der Mauerweglauf

Berlin / 17.08.2013-18.08.2013

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Petermann, Gerhard

□□□: 21:59:02

□□: LT Murr Bottwartal-Marathon

□□: 7.28 km/h

□□: 125

□□□□: 8:12 min/km

□□: 160.90 km

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100MeilenBerlin

□□□□□/□: 49 (of 193)

□□□□□□: 15:53:45

□□□□:

□□□□□: 10(of 35)

Senioren M45 (45-49 Jahre)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
km 6,28 Gedenk:	6.28	37:13	5:55	5	1:00	30	3:53	6.28	37:13	5:55	5	1:00	30	3:53
km 11,32 Behms	5.04	28:50	5:43	7	1:44	22	4:08	11.32	1:06:03	5:50	1	-	4	8:01
km 22,10 Lübars	10.78	59:50	5:33	6	3:07	27	8:54	22.10	2:05:53	5:41	1	-	12	12:42
km 32,52 Naturs	10.42	1:01:58	5:56	7	5:41	33	10:12	32.52	3:07:51	5:46	4	5:41	22	18:21
km 43,36 Ruderc	10.84	1:02:40	5:46	2	2:54	16	9:52	43.36	4:10:31	5:46	3	6:57	18	26:20
km 55,35 Schönv	11.99	1:12:22	6:02	6	6:43	25	12:05	55.35	5:22:53	5:50	4	12:20	19	38:25
km 68,07 Garten	12.72	1:33:01	7:18	7	17:35	40	20:04	68.07	6:55:54	6:06	4	29:21	21	57:45
km 80,53 Schloß	12.46	1:34:20	7:34	9	17:18	37	23:17	80.53	8:30:14	6:20	5	46:39	25	1:13:06
km 99,65 Geden	19.12	2:25:18	7:35	7	32:15	38	40:35	99.65	10:55:32	6:34	6	59:43	25	1:40:30
km 112,75 Sport	13.10	1:58:55	9:04	14	31:16	66	1:52:03	112.75	12:54:27	6:52	5	1:04:02	26	2:17:58
km 124,92 Lichte	12.17	1:39:16	8:09	4	3:48	14	20:30	124.92	14:33:43	6:59	6	54:18	26	2:36:53
km 134,98 Buck	10.06	1:43:08	10:15	14	31:37	96	45:39	134.98	16:16:51	7:14	5	1:25:55	25	3:16:08
Test	9.89	2:37:39	15:56	26	1:28:45	151	1:34:52	144.87	18:54:30	7:49	8	2:54:40	40	4:50:37
Stadion Lobeckst	16.01	3:04:32	11:31	16	1:11:10	101	1:14:40	160.90	21:59:02	8:11	10	4:05:50	49	6:05:17