



14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

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Diederichs, Martin

□□□: 2:33:23

□□: SG Stern Kassel

□□: 21.91 km/h

□□: 43

□□: 56.00 km

□□□□□/□□□: 38 (of 286)

Halbmarathon

□□□□□/□: 37 (of 270)

□□□□□□: 2:06:20

□□□□:

□□□□□: 2(of 41)

Masters 3

□□□□□□□: 2:32:55

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	24:39	17.04	2	0:05	42	4:28	7.00	24:39	17.04	23		41	
Kontrolle B	33.00	1:28:56	22.26	2	0:46	39	14:30	40.00	1:53:35	21.13	23		36	18:43
Ziel	16.00	39:48	24.12	3	0:33	40	8:20	56.00	2:33:23	21.91	2	0:28	37	27:03