



14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

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Penning, Jan Erik

□□□: 2:35:33

□□: RSV Bruchhausen Vilsen

□□: 21.60 km/h

□□: 181

□□: 56.00 km

□□□□□/□□□: 42 (of 286)

Halbmarathon

□□□□□/□: 41 (of 270)

□□□□□□: 2:06:20

□□□□:

□□□□□: 3(of 7)

Juniores U19

□□□□□□□: 2:15:56

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	23:41	17.73	3	2:52	32	3:30	7.00	23:41	17.73	3	2:52	45	
Kontrolle B	33.00	1:30:48	21.81	3	12:13	45	16:22	40.00	1:54:29	20.96	3	15:05	41	19:37
Ziel	16.00	41:04	23.38	2	4:32	50	9:36	56.00	2:35:33	21.60	3	19:37	41	29:13