



14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

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Wenzel, Helmut

□□□: 2:55:57

□□: Fitness-Studio Wedemark

□□: 19.10 km/h

□□: 266

□□: 56.00 km

□□□□□/□□□: 114 (of 286)

Halbmarathon

□□□□□/□: 110 (of 270)

□□□□□□: 2:06:20

□□□□:

□□□□□: 11(of 41)

Masters 3

□□□□□□□: 2:32:55

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	29:02	14.47	12	4:28	120	8:51	7.00	29:02	14.47	22		115	
Kontrolle B	33.00	1:41:38	19.48	12	13:28	120	27:12	40.00	2:10:40	18.37	22		111	35:48
Ziel	16.00	45:17	21.20	9	6:02	102	13:49	56.00	2:55:57	19.10	11	23:02	110	49:37