



# 14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

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Seger, Dirk

□□□: 3:03:51

□□: SG Stern Kassel

□□: 18.28 km/h

□□: 235

□□: 56.00 km

□□□□□/□□□: 147 (of 286)

Halbmarathon

□□□□□/□: 142 (of 270)

□□□□□□: 2:06:20

□□□□:

□□□□□: 55(of 114)

Masters 2

□□□□□□□: 2:06:44

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| □□□         | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-------------|----------|----------|------------|---------|---------|---------|---------|-----------|-----------|-------------|---------|---------|---------|---------|
| Kontrolle A | 7.00     | 29:04    | 14.45      | 49      | 8:40    | 121     | 8:53    | 7.00      | 29:04     | 14.45       | 56      | 8:37    | 147     |         |
| Kontrolle B | 33.00    | 1:48:42  | 18.22      | 68      | 34:16   | 167     | 34:16   | 40.00     | 2:17:46   | 17.42       | 56      | 42:53   | 143     | 42:54   |
| Ziel        | 16.00    | 46:05    | 20.83      | 44      | 14:14   | 116     | 14:37   | 56.00     | 3:03:51   | 18.28       | 55      | 57:07   | 142     | 57:31   |