



14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

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Flocke, Bernd

□□□: 3:03:59

□□: Marsberg

□□: 18.26 km/h

□□: 60

□□: 56.00 km

□□□□□/□□□: 148 (of 286)

Halbmarathon

□□□□□/□: 143 (of 270)

□□□□□□: 2:06:20

□□□□:

□□□□□: 56(of 114)

Masters 2

□□□□□□□: 2:06:44

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	28:01	14.99	37	7:37	99	7:50	7.00	28:01	14.99	57	7:34	148	
Kontrolle B	33.00	1:43:01	19.22	44	28:35	125	28:35	40.00	2:11:02	18.32	57	36:09	144	36:10
Ziel	16.00	52:57	18.13	77	21:06	187	21:29	56.00	3:03:59	18.26	56	57:15	143	57:39