



14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

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Köchling, Stephan

□□□: 3:06:23

□□: Kraftsport Breuna Volkmarsen

□□: 18.03 km/h

□□: 149

□□: 56.00 km

□□□□□/□□□: 154 (of 286)

Halbmarathon

□□□□□/□: 149 (of 270)

□□□□□□: 2:06:20

□□□□:

□□□□□: 59(of 114)

Masters 2

□□□□□□□: 2:06:44

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	31:31	13.33	67	11:07	171	11:20	7.00	31:31	13.33	60	11:04	154	1:13
Kontrolle B	33.00	1:45:34	18.76	55	31:08	145	31:08	40.00	2:17:05	17.51	60	42:12	150	42:13
Ziel	16.00	49:18	19.47	55	17:27	146	17:50	56.00	3:06:23	18.03	59	59:39	149	1:00:03