



14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

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Heerdt, Olaf

□□□: 3:09:19

□□: Edermünde

□□: 17.75 km/h

□□: 96

□□: 56.00 km

□□□□□/□□□: 171 (of 286)

Halbmarathon

□□□□□/□: 166 (of 270)

□□□□□□: 2:06:20

□□□□:

□□□□□: 66(of 114)

Masters 2

□□□□□□□: 2:06:44

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	31:25	13.37	66	11:01	167	11:14	7.00	31:25	13.37	67	10:58	171	1:07
Kontrolle B	33.00	1:47:10	18.48	61	32:44	155	32:44	40.00	2:18:35	17.32	67	43:42	167	43:43
Ziel	16.00	50:44	18.92	64	18:53	161	19:16	56.00	3:09:19	17.75	66	1:02:35	166	1:02:59