



14. SKS Bike-Marathon Rund um Zierenberg

Zierenberg / 18.08.2013

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HERGESELL, Helgo

□□□: 3:13:32

□□: Team 2 Rad Brüne

□□: 17.36 km/h

□□: 101

□□: 56.00 km

□□□□□/□□□: 180 (of 286)

Halbmarathon

□□□□□/□: 174 (of 270)

□□□□□□: 2:06:20

□□□□:

□□□□□: 48(of 63)

Masters 1

□□□□□□□: 2:06:57

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Kontrolle A	7.00	30:55	13.58	45	10:44	160	10:44	7.00	30:55	13.58	20	1:02	180	0:37
Kontrolle B	33.00	1:49:03	18.16	47	34:26	171	34:37	40.00	2:19:58	17.15	19		176	45:06
Ziel	16.00	53:34	17.92	50	21:27	190	22:06	56.00	3:13:32	17.36	48	1:06:35	174	1:07:12