

## 14. SKS Bike-Marathon Rund um Zierenberg Zierenberg / 18.08.2013



Arend, Thomas □□□: 3:18:00 □□: ZG Kassel □□: 16.97 km/h

□□: 6

\_\_\_\_\_\_: 190 (of 286) □□: 56.00 km \_\_\_\_\_\_: 183 (of 270) Halbmarathon

\_\_\_\_: 2:06:20 □□□□: 22(of 41)

0000000: 2:32:55 Masters 3

|             | km    |         | km/h  | -  | -     |     |       | km    |         | km/h  | -  | -     |     |         |
|-------------|-------|---------|-------|----|-------|-----|-------|-------|---------|-------|----|-------|-----|---------|
| Kontrolle A | 7.00  | 32:11   | 13.05 | 23 | 7:37  | 189 | 12:00 | 7.00  | 32:11   | 13.05 | 2  |       | 189 | 1:53    |
| Kontrolle B | 33.00 | 1:51:36 | 17.74 | 22 | 23:26 | 185 | 37:10 | 40.00 | 2:23:47 | 16.69 | 2  |       | 185 | 48:55   |
| Ziel        | 16.00 | 54:13   | 17.71 | 26 | 14:58 | 194 | 22:45 | 56.00 | 3:18:00 | 16.97 | 22 | 45:05 | 183 | 1:11:40 |